

Your Child Handbook is brought to you by DriveForRebecca.org

Your Child Handbook™

Create a binder containing everything there is to know about your child, including medical history, school information, and all related correspondence and evaluations. It will serve as a handy reference guide for you, for new doctors or therapists, and for anyone who might care for your child while you are away or if something happens to you. Update the binder at least once a year, keep it somewhere that is easily accessible, and let other people know where it is.

Below is a list of items to include. Use tabbed sections or dividers to make it easy to find everything.

Daily Schedule

- School schedule and directions

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Education/School information

- Copy of most current IEP and all related correspondence and evaluations
- Name of case manager and other members of your educational team
- School information - names of teachers, therapists, other staff and contact information

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Legal

- Any legal documents including wills and trust documents
- Contact information of estate planning and special education attorneys/advocates

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Medical

- Allergies

- Favorite foods/Special diet

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Medical

- Therapies/therapists - contact information and any special notes and directions

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Medical

- Behavioral information - to explain some of the specifics about your child

Health insurance

- Policy number, group number and telephone number, attach copy of insurance card

- Additional insurance-related information, including how to submit claims and attach sample claim forms

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Public Benefits/Division of Developmental Disability Information

- Information on governmental or other agencies that provide various services, including respite programs

- Early intervention program details and contact information

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Babysitters - contact information and any special instructions for babysitters/caregivers

(c) 2010 Jonathan Singer - *Your Child Handbook* is a part of The Special Needs Parent Handbook. Learn from others and share what you know in The Special Needs Parent Zone. Please join the discussion at DriveForRebecca.org

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Helpful resources - list of resources including web sites with helpful information

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Additional notes
